

Audio scripts

Unit 1

▶ 02

F = Female M = Male

1 What does the girl's sister look like?

F: Here are the photos of my birthday party. That's me with my sister.

M: Doesn't she have long brown hair and glasses?

F: You haven't seen her for a while. She coloured it dark brown for a few years, but she's gone back to her natural fair hair.

▶ 03

1 What does the girl's sister look like?

F: Here are the photos of my birthday party. That's me with my sister.

M: Doesn't she have long brown hair and glasses?

F: You haven't seen her for a while. She coloured it dark brown for a few years, but she's gone back to her natural fair hair. She was going to get it cut much shorter, like that actress she likes. She talked about it for ages, but I'm glad she decided against it in the end. Otherwise she hasn't really changed, apart from the glasses, of course. They've gone too.

▶ 04

2 What's already in the suitcase?

M: Okay, time to finish the packing. What still needs to go in the case?

F: Well, I had everything ready this morning, but you took the toothpaste out again. It's probably on the bathroom shelf.

M: I had to clean my teeth! Anyway, you didn't remember everything. I packed the sun cream for you. You'll thank me for remembering that later. And why did you put towels in the case? They'll have those at the hotel. I put them back in the bathroom.

F: So, it's just the toothpaste then.

3 What is the woman going to buy?

F: Do you need anything from the supermarket?

M: Yeah, more eggs, and onions, and this recipe says we need cheese.

F: Look in the cupboard near the sink. There were loads of onions there yesterday, and there are eggs in the fridge, you just need to move a few things! I used the last of the cheese last night, though.

M: Okay, you're right about the onions. I'm not that keen on cheese. I think I'll leave it out.

F: I love it, though – can you put some in mine? I'll pick some up for you.

4 What did the man do on holiday?

F: How was your holiday?

M: Fantastic. The island was great. There was a boat trip to go dolphin-watching and there was a bird-watching trip just as the sun was coming up. There were monkeys living in the woods on the island. I tried to feed them bananas, but they

were wild and wouldn't come close enough. They were cute, though. I was so relaxed by the last few days, I woke up too late for the early morning trip, but the other one was brilliant.

5 What will the weather be like tomorrow morning?

Yesterday's snow storms caused problems for rail and road travellers. However, today no further snow is forecast and services are back to normal. This morning started windy, and rain will be moving in after midday and will stay with us overnight and into the next morning. Road users are advised to allow extra time for their journey tomorrow because of the large amounts of water around. Don't put away your winter clothes just yet, however, as the snow is forecast to return by the middle of next week.

6 Who does the man want to win the competition?

F: Did you see *We've Got Talent* last night?

M: Oh yeah. But I had to turn it off when the girl band came on. Do they know how annoying they are?

F: My favourite was the love song the boy sang! He's so dreamy.

M: Oh please! All that hair and cute smiling gets too much. He's got a good voice, though, so I'll probably choose him in the final. That girl dance group are good to watch but they don't deserve to win as much.

7 Where will the woman go first?

M: Don't you need to leave soon for your dentist appointment?

F: It's at ten o'clock, but I want to take my books back to the library and collect my dry cleaning too.

M: I could take you to the dry cleaners' now, if you want.

F: I thought about that, but I don't really want to take a dress in to my dentist appointment. If I leave now, I'll be able to get to the library. Then I can pick up my clothes on the way home after I've had my teeth checked.

▶ 05

P = Presenter L = Lucas Smith

P: All humans are different. We look different and we all have different characters. Or do we? Scientists now believe that there are just five main types of character, so perhaps we're more similar than we think. With me today is psychologist Lucas Smith. Lucas, what are the five types?

L: Well the first type of people are open people. Open people are curious and want to know more about things. They ask a lot of questions. They're creative and like art. They can be unusual, though. They may have unusual beliefs or interests and other people can think they're a bit strange sometimes.

P: Okay, interesting. The second type of people are conscientious people. Is that right?

L: Yes.

P: So what does that mean?

L: Conscientious people are organised and work in an ordered and effective way. They're also ambitious and want to succeed. They're punctual so they're never late, and you can trust them because they're reliable. They never make quick decisions, though.

P: Hmm, that sounds like me!

- L:** Does it? I think I'm more open than conscientious. I'm always late! Anyway, the next type are extroverted people. These people tend to be cheerful so they always seem happy. They love doing interesting or exciting things. They always have energy, they talk a lot and they love meeting new people.
- P:** I think that describes my sister very well!
- L:** It's interesting, isn't it? We can recognise all of these character types in the people we know.
- P:** Yes, that's true.
- L:** The fourth type of people are anxious. Anxious people are sensitive so they care about other people's feelings but it also means they can get upset easily. They care about details and want to get things right. Sometimes they can get a bit nervous and worry about things. They're often quite shy so they don't usually talk very much when there are lots of people, especially if they don't know them.
- P:** Okay.
- L:** And the final type is agreeable people. They're friendly and generous. They give time and money to others. They believe that everyone is good and that people are generally honest, so they expect people to tell the truth.

▶ 07

P = Presenter T = Tom Carter M = Melanie Gardner

- P:** People have belonged to interest groups for a long time – football clubs, music fan clubs and so on. But these days, the internet makes it much easier to belong to a community of people with the same interests. I'm joined by Tom Carter and Melanie Gardner to talk about this topic. Tom, which online community do you belong to?
- T:** Well, I collect comic books so I'm friends with other collectors online.
- P:** Oh, right. So how important is your online community to you?
- T:** Well, firstly it's always nice to chat to people who love comic books like I do. My offline friends pretend to be interested but the truth is that they don't usually care very much. My online friends understand me and we share information with each other about books and where to buy them.
- P:** Where do you buy them?
- T:** I normally get them online. It's much easier to find things you want there. Bookshops in my area do sell comic books, but it's not usually possible to find books I don't have there.
- P:** Melanie, you belong to an online group of jewellery makers. How do they help you?
- M:** For me it's about creativity. My online friends are so creative. I'm often amazed by their ideas. I learn so much from them and hopefully they learn from me too.
- P:** So, it's about getting new ideas for designs.
- M:** Yeah, and learning about new techniques. Also, we regularly share photos of our finished products and then get feedback on them. It's great to get suggestions on how to improve.
- P:** How is an online community different from one in the real world?
- M:** Well, we can meet a lot more people with the same interests as us and we can meet people from around the world. Plus we can talk to them every day. I chat to my online jewellery-making friends all the time. I don't think I could live without them. I feel part of something important.
- P:** Do you ever meet up with people from your community?
- M:** Yes, the ones who live close by. We meet up a few times a year.

- P:** Well, that's really interesting. I must say that I don't really have an online community, except maybe those people who spend hours watching videos of cats!

▶ 08

E = Examiner M = Mei D = David

- E:** What's your name?
- M:** Mei Han.
- E:** Where do you come from?
- M:** I'm from Shenzhen in China.
- E:** Thank you. And what's your name?
- D:** My name's David Gomez.
- E:** Where do you live?
- D:** I live in Seville in Spain.
- E:** Thank you. David, do you work or are you a student?
- D:** I work.
- E:** What do you do?
- D:** I'm a computer programmer.
- E:** Thank you. And Mei, do you work or are you a student?
- M:** I'm a student.
- E:** What do you study?
- M:** I study languages. I'm doing a language degree at university.
- E:** Thank you.

▶ 09

E = Examiner M = Mei D = David

- E:** Mei, tell us about an interest you have.
- M:** Well, I enjoy playing video games because they make me think a lot. I play on my Playstation most nights. Fantasy games are my favourite but I also play action games too.
- E:** David, how do you spend your evenings?
- D:** I watch a lot of football.
- E:** Mei, which do you prefer, getting up early or getting up late?
- M:** I prefer getting up late. I don't go to bed until maybe midnight so I'm always tired in the mornings. I love the weekends when I can sleep until maybe ten.
- E:** David, how often do you go online?
- D:** I'm always online! I check my messages all the time.

Unit 2

▶ 10

P = Presenter S = Sue

- P:** Are you eating a good diet? It's a question that interests the writer of *Eat well*. Sue, you wrote the book. Do you think we have good food habits these days?
- S:** Well, some changes have been good. Firstly, I think food's more international now. Things like stir-fried vegetables are quick to prepare and are really healthy. A lot of local dishes where I come from need a lot more time and attention. Secondly, we have more information about food today. We know that the Japanese diet of raw fish and vegetables can help you live longer. We know that boiled rice is better than fried rice, but even boiled rice should be brown and not white. And we know that it's good to have a vegetarian diet for a few days a week.
- P:** But there are problems ...

- S:** Well, yes. One problem is that these days very few people have the time to choose fresh ingredients and cook so they might go for takeaway food. When people do have time to buy their own ingredients, they don't have the experience to know if something's good quality. We don't really know what we're eating a lot of the time.
- P:** Doesn't the label on the food tell us all that?
- S:** Well, some foods are clearly labelled. Soft drinks, for example, can't contain alcohol. But meat products, like a sausage, might have just 33 percent meat in them! The other 67 percent is a mix of tasteless food products and industrial chemicals to make the sausage look and taste like meat.
- P:** That's horrible!
- S:** Absolutely! Supermarkets often use words, like 'fresh', or 'suitable for people on a diet', on their foods, but there are very few rules about using these words. Fatty food can still be labelled as 'low in salt' giving the idea to the customer that it's all healthy stuff. In fact, it's probably really bad for you!
- P:** So the customer has a hard time choosing.
- S:** I think everyone finds it difficult to choose. There are some farmers and food companies out there who are still producing good quality, fresh food but the difference between their products and the cheap, industrial stuff is very unclear.

▶ 11

E = Examiner D = Daniela A = Alejandro

Daniela

- E:** Now I'd like each of you to talk on your own about something. I'm going to give each of you a photograph and I'd like you to talk about it. Daniela, here is your photograph. It shows people at a market. Mariana, you just listen. Daniela, please tell us what you can see in the photograph.
- D:** Well, the photo shows a woman at a busy market and she's buying some vegetables. The man's the market seller and the woman's a customer. The man's serving the woman. She's holding something in her hand. It's the thing you use to carry money in ... a ... a purse. Er ... with the other hand, she's touching a red cabbage. The man and woman are both wearing brown coats. The man's also wearing a brown cap. Er ... the woman's carrying a bag on her shoulder. In the background, there are two women in their sixties or seventies. They're looking at the boxes of vegetables. I can see potatoes and carrots and some green vegetables. In the background, there is a shop and in front of it are lots of people. Er ... it's not a very sunny day. It's a bit dull.
- E:** Thank you. Mariana, here is your photograph. It shows ...

Alejandro

- E:** Now I'd like each of you to talk on your own about something. I'm going to give each of you a photograph and I'd like you to talk about it. Alejandro, here is your photograph. It shows people at a market. Davide, you just listen. Alejandro, please tell us what you can see in the photograph.
- A:** There are people at a market. Er ... there's a customer. A ... a ... woman. She's buying something. There's a man. He's the market seller. He's selling the ... the ... vegetables. Er ... the woman is touching something – a ... a large, red vegetable. Hmm, there are also some potatoes and carrots. The potatoes are brown and the carrots are orange. There's a big green vegetable too.
- E:** Thank you. Davide, here is your photograph. It shows ...

▶ 12

- M:** Look at this photo! It's a fruit of some kind. What do you suppose it is?
- F:** Well, I guess it's the centre of something. It can't be anything like an apple because they don't have that kind of middle. They're more a white colour, anyway.
- M:** It could be a lemon. They look like that in the centre.
- F:** No, lemons are more yellow than that, but I think you're close. It must be an orange. It's the right shape for an orange and it's more that colour. It looks really strange in this photo.

▶ 13

P = Presenter R = Ruby Thomas

- P:** Ruby Thomas, you've just won an award for your food blog. Congratulations!
- R:** Thank you.
- P:** Why do you think food bloggers are so popular these days?
- R:** In the past people learnt about food from recipe books and television cooking shows but that changed with social media. Now bloggers can build a relationship with their readers which has a really positive effect. Of course, anyone can be a blogger but not everyone is successful.

▶ 14

P = Presenter R = Ruby Thomas

- P:** Ruby Thomas, you've just won an award for your food blog. Congratulations!
- R:** Thank you.
- P:** Why do you think food bloggers are so popular these days?
- R:** In the past people learnt about food from recipe books and television cooking shows but that changed with social media. Now bloggers can build a relationship with their readers which has a really positive effect. Of course, anyone can be a blogger but not everyone is successful.
- P:** A food blog needs a name. How should you choose one?
- R:** Well, some people come up with a title that tells readers what the blog is about. You could choose a food or recipe name. I did that with my first website. I loved that name, but it was French and no one could say it so they quickly forgot it. I realised I needed to pay attention to that the most.
- P:** What kind of information about you should you share with your audience?
- R:** People want to know what you look like, so include a picture on your website. Some bloggers choose to share lots of details about their lives but it's not necessary. You don't have to give your real name either if you don't want to.
- P:** You created your own website, didn't you? Was that the best thing to do?
- R:** I think so, yes. It was hard because I don't have much imagination. It was also dull! But it was worth it when I saw the finished product and knew it was all my own work. You might think that it cost less but I spent many hours on it instead of working so I'm not sure.
- P:** Good point! How should a new blogger create a design for their blog?
- R:** Plan your design before you start writing. Decide how long you want your blog posts to be. Also think about pictures. Will you have a lot or just a few? There's no right or wrong design, but whatever you decide, make sure you stay with it.

- P:** Okay. One final thing. Is there anything that bloggers need to be careful of when starting a food blog?
- R:** Yes. When food bloggers become successful, they sometimes get paid to advertise food or cooking equipment. Well-known brands can sell more of their goods. Small business owners in your area might be interested too. However, if a business pays you, you must tell the people who read your blog because it's the law.
- P:** Great, Ruby, thanks for all your helpful advice today.

Unit 3

▶ 15

- 1 I was really amused by that photo you sent me.
- 2 I get so annoyed with people who leave their chewing gum around.
- 3 When someone coughs and doesn't cover their mouth, I think most people are disgusted!
- 4 I feel embarrassed when I see someone and can't remember their name.
- 5 I'm so excited about that new film that came out this week.
- 6 Although I didn't win the competition, I was satisfied with my performance.

▶ 16

- F:** How was that new Mexican café last night?
- M:** Well, my friend invited a lot of people I didn't know.
- F:** That sounds nice.
- M:** Well, yes, but I made a complete fool of myself in front of them.
- F:** How was that?
- M:** Well, the food was much too hot to eat and I burned my tongue on the first mouthful.
- F:** Oh no!
- M:** I reached across for a jug of water on the next table, and just then, the waiter came along, bumped into my arm and the plates he was carrying went all over me. He apologised, but it was my fault.

▶ 17

- 1 **You will hear two friends talking about a party they've been to.**
F: What did you think of the party yesterday?
M: It was great. I think it was all because of the guests.
F: Yes, I agree, it's always lovely when you find yourself with people who have fascinating lives and stories to tell. I felt a bit uncomfortable when that argument broke out, though. I was nervous that they were going to involve me.
M: I know!
F: I think it was that game we had to play at the beginning. I think it made everyone a bit competitive, to be honest.
- 2 **You will hear a woman telling a friend about a thank-you message she received.**
M: What did your cousin think about those fantastic concert tickets you gave her for her birthday?
F: Well, I was expecting her to send a short thank-you note or text, you know. Things like tickets can get lost in the post and I was worried she wouldn't get them.
M: Of course.

- F:** Well, she sent me a thank-you note after she'd been to the concert. But then in the note, she complained that the sound quality was so bad she couldn't even follow the words.
- M:** Well, I suppose she did write at least.

3 **You will hear a man telling a friend about his visit to the cinema.**

- F:** How was your trip to the cinema last night?
- M:** Well, I had trouble parking and there was a queue for the tickets.
- F:** Didn't you book online?
- M:** Yes, but I still had to collect them from the machine. There was a woman in front of me who let a group of friends join the queue. I wanted to explain that I'd been waiting ages, but I changed my mind and kept quiet.
- F:** So did you miss the beginning?
- M:** Actually, even though I was late, they were still showing the adverts. The film hadn't begun.

4 **You will hear two friends talking about getting more organised.**

- F:** I was late to class again this morning.
- M:** Did you get lost finding the room? The university has an online map you can use on your phone to help with that.
- F:** I have that on my phone, but I knew where to go. I just got there late.
- M:** I always set a reminder on my phone for dates and things. It's so much easier to manage my time that way.
- F:** Well, I did that too, but before I left, I couldn't find my keys, so I wouldn't be able to get back in the house.
- M:** Don't go to bed until you've packed your bag for the next morning. That'll solve your troubles.

5 **You will hear two friends talking about a letter they received about a school trip.**

- M:** Did you get a letter about a school language trip to Spain?
- F:** Yes, it was over five pages long!
- M:** Actually, I had a lot of questions about the trip and it answered most of them.
- F:** I didn't really get what they were saying about applying.
- M:** I thought they were trying to suggest that the number of places is limited. I wasn't sure if they needed an immediate reply, though. They didn't have to make it sound like we can't be trusted to be organised and sign up on time.
- F:** Well, in my case, they may actually have a good point!

6 **You will hear two friends talking about a problem with a social media site.**

- F:** My social media site keeps saying that I've liked pages I've never seen before. It's so annoying.
- M:** Oh, that happened to me too. I noticed when my friends asked why I was into baby rabbits. I don't want them thinking that I like that kind of rubbish. I just go through changing the likes to dislikes.
- F:** That takes ages, though. The people who run the business should do something to stop it.
- M:** It's the advertisers' fault, though.
- F:** I felt really awful when it said something rude about older people. My grandmother was upset.
- M:** Maybe you need to close the account.

▶ 18

- A:** Hi, can I ask you what you think makes a great friend?
- B:** A great friend? That's easy – someone who'll watch the

football without complaining!

C: Yeah, that's a good mate. And knowing your friend will help you when you need it – that's a really good mate.

B: Yeah. You've got to look after your mates.

A: Hello ladies, could you tell me what you think makes a good friend?

D: It has to be someone you enjoy spending time with ... someone who's quite similar to you.

E: Yeah, like us. Suzie here's my best friend in the whole world! We even dress the same!

D and E: Aw!

E: And I think it's important to live near each other too. Some people I know say they have friends all over the country, even abroad. But if they only meet them once a year, they're not really friends, are they?

D: Mmm. You have to spend time together. We call each other every day and meet three times a week, don't we babe?

E: Mmm! A friend is someone you can't wait to share your news with, like you.

D and E: Aw!

▶ 19

This is a lovely photo! It shows a young woman sitting up in a hospital bed. In her arms she's holding a tiny baby. I think the mother is introducing her new-born son or daughter to the other people. She's wearing a hospital bracelet. Behind the mother there are some pillows, and around the bed, there are two couples, looking at the baby. They're all standing very close to each other. All of them are smiling and looking at the baby. Their faces are very loving. The woman on the left has long dark hair, just like the new mother's. The man on the right has wavy grey hair which is quite long. The other man's hair is much shorter. In the background there's a painting on the wall. Around the room there's some very plain furniture, a chest of drawers, a table and a chair. However, on the table there are two large bunches of pink flowers, which look nice.

▶ 20

I = Interviewer F = Female M = Male

I: So, what are some of the things that annoy you?

F: Oh well, my computer annoys me. It usually stops working just when I have to look up something important for a piece of work. Usually something I need to hand in to my teacher the next day!

M: Yes that happens to me too!

F: And my neighbour annoys me. He loves hanging out with his friends in his flat, which is fine, but they turn their music up so loud that I can't hear my TV.

M: Oh, my neighbour's dog annoys me for the same reason. He's really noisy. I get along fine with my neighbour, but his dog goes crazy when he sees me. It scares me. His owner should look after him more carefully or he might hurt someone.

I: That sounds awful. What other things annoy you?

M: I hate it when you phone an office and they put you on hold. If I have to wait for more than a couple of minutes, I usually give up and try again later. And I don't like impatient people who sigh and look at their watch all the time. Like that's going to hurry things up!

F: Yeah. Rude people annoy me. People who don't cover their mouths when they cough or when it's raining and they knock you with their wet umbrellas when they walk past.

M: Absolutely! People who eat noisily in the cinema. And people who don't clean up after their dog in the street! That's horrible!

F: Yeah, that's really disgusting.

M: And people who keep on talking when other people want to speak.

F: I couldn't agree more.

Unit 4

▶ 21

I = Interviewer D = Dr Brevin

I: Well, for those of you who worry about the world today, our next guest may change all of that. Dr Brevin you've been looking at whether we have made the world a better or worse place, is that right?

D: Well, yes, I mean it's easy to listen to the news and feel very sad about a lot of things that are happening. A lot of people are suffering in our world today. But if we look historically, there are a lot of reasons to feel good about being alive today.

I: What do you mean?

D: Well, for a start, if we look at the most basic things in life – food and water – we've made terrific progress in recent years.

I: In what ways?

D: Well, in 1950, we believe that around half the world's population was hungry. That's a huge number. Today, it's nearer to just ten percent, which is still too many, but it's a lot fewer people than it was.

I: That is a great thing.

D: And it's the same thing with access to clean, safe drinking water. Since 1990, over two and a half billion people have got access to clean drinking water for the first time ever. I think that future generations will look at this and feel rather pleased with us.

I: But what about other things, like the environment? Will there even be a future generation if things continue?

D: Well, we are creating new environmental problems all the time. But even there, the worst kinds of pollution have disappeared. Laws have stopped people from using the most dangerous chemicals.

I: Why do you think people of this generation are doing better?

D: I think the main reason is that we are all so much better educated these days, and can understand the issues. In 1900 only around twenty percent of the world's population could read. You were really something special if you could write more than one or two words, like your name. Today, eighty percent of the world's population can read and write. In many ways, these really are good times we live in

▶ 22

J = John M = Megan

J: This sounds like a great thing to do this weekend. It's a Bring-a-thing-a-thon.

M: A what?

J: A Bring-a-thing-a-thon. It's an event where you bring along personal objects that have a special meaning to you, and share the object and the memory with visitors.

M: I imagine there are some really interesting stories behind some of the objects.

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J = John M = Megan

- J:** So, I have this list of things that could be taken to the Bring-a-thing-a-thon. Lets start with the T-shirt. I'm not sure about that.
- M:** I agree. I mean, most pieces of clothing are not worth keeping, but if it had a logo on it, it could be interesting. Otherwise they're a bit boring.
- J:** I agree with you. I think there are better things that someone could take, something that would tell people more about who they are. I like the idea of a sports ticket. If the result was particularly important, like they won the cup, then it could be quite valuable.
- M:** Actually, I don't think the result really matters. Some people are just crazy about certain teams. So that could be a good thing. It's very similar to an old concert programme, in that way.
- J:** Definitely. A lot of people enjoy music and like to see things like this. I think that a concert programme tells you a lot about the times, like the clothing and the price of things!
- M:** That's right. It costs so much to see far less famous bands these days. I'm not sure about the soft toy. Doesn't everyone have one of those at home?
- J:** I don't think many people keep very old toys. I think that teddy bears have changed a lot over the years and it's interesting to see how different they looked.
- M:** Maybe. Old teddies can sometimes just look angry compared to now. How about taking a photo?
- J:** Hmm, yeah. I guess it depends what's in the photo. I think if it just had people in it, like a family, it might not be interesting, but if it showed the local area as it looked in the past, that would be great.
- M:** It would give a real feeling for the history of the area.
- J:** Hmm, well, I think after our discussion I'd recommend taking the concert programme. I think that would be interesting for everyone.
- M:** Hmm, I agree. Let's suggest that.

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- M:** I think they should visit the photography exhibition because there could be some interesting things in there.
- F:** I think the old toys are better. There are a lot of interesting toys.
- M:** I don't think children like old toys, they only like modern ones. The clothing would be a really boring thing for everyone to visit. Clothes aren't very different, and you can see old clothes in movies or other places.
- F:** The jewellery is the same. Unless it's very expensive or famous, I don't think anyone wants to spend time looking at jewellery. The computer is the best option. There aren't many old computers still around, everyone threw them away, and so they can be really interesting.
- M:** The musical instruments might be more interesting. I mean, unless you can touch the computer and open it up and do things on it, it's going to be quite boring just looking at it. So shall we recommend the exhibition of musical instruments?
- F:** Okay, let's suggest that.

25

1 Where is the museum?

- M:** Oh, excuse me, I'm looking for the national museum.
- F:** Oh sure, carry on down this road for about half a kilometre. You'll come to a really big crossroads. There's the national bank on the right-hand side, just after the crossroads. It's huge, it's got these really awesome statues of these muscly Greek guys in front. Anyway, the national museum's directly opposite. Be careful crossing the street, those cars go really fast. You'll need to walk round the side for the entrance.

2 Which object did the students find part of?

- F:** So, did you find anything when you were digging around in the old castle ruins?
- M:** We found quite a lot, actually. The area where we were digging was probably used as a kitchen. I was hoping there would be an old knife, but we didn't have any luck with that. We found some smooth pieces of stone. They were obviously from a man-made object. When the professor came along, he said the pieces were actually bits of an old bowl. Now all we need is to locate the spoon they used!

3 How was the picture damaged in the fire?

Following a fire at the museum, there's been a rescue attempt to save the many works of art inside. One of these was the famous *Simpson's Mother*. Although it escaped the fire damage, the water system, which came on automatically, left a large mark in the bottom right-hand corner. It's not the first time the painting has experienced problems. On a previous occasion, the frame was broken when it was being transported. Fortunately, the painting itself didn't tear on this occasion. Experts hope to repair it soon.

4 What did the girl buy?

- M:** Did you bring back any souvenirs from holiday?
- F:** Yeah, well, my mum was like, you've got to buy something practical, like a T-shirt or something, and I said, no way. I mean, they only had the T-shirts in large and extra-large. So she said we should get a tie, for my dad. Like Dad's really going to go into the office in a holiday tie. He'd hate it. Anyway, there were these baseball caps in blue, and blue suits everyone, so there was only really one choice in the end.

5 What will the weather be like during the science fair?

- F:** So, are we doing the science fair in the hall or out on the school field?
- M:** Hang on, I'm just getting the weather on the internet. Well, it says here it's going to rain in the morning, but stop around midday. And then from two o'clock, it'll be sunny.
- F:** Great. The fair's from two 'til four, let's go on the field.
- M:** Yeah, but even if it clears up by that time, we won't be able to set the things up in the morning because it'll be raining.
- F:** Oh, yeah.

6 Which animal is on the plate?

- M:** Okay. Susan, what did you bring for today's exhibition?
- F:** Well, my aunty gave me this to bring in. She's mad about the sea. She's got statues of dolphins, pictures of people fishing, lots of stuff. I think that's why she gave me this. She didn't want it. It's got a poem on one side, all about how wonderful the desert is, and a snake on the other. It was originally part of a pair, with a plate with a camel on it. My aunty thought it might be valuable.

7 When can students visit the exhibition for free?

Welcome to the South African Art Exhibition information line. The exhibition will be open to the public daily from 26th September.

There will be a special viewing for journalists and local television representatives on 20th September. There will also be an open day on 23rd September. Anybody taking Advanced Art or a similar level art course is welcome on this day but will have to book through their school or university. There's no charge for this showing, but students attending after the 26th will need to pay the full entrance fee.

▶ 26

Well this person hasn't changed very much since she was a girl. I can see from this photo that she used to have much longer hair, and it used to be blonde. These days her hair is shorter, but she changes the style and the colour a lot.

She used to wear quite loose clothes, like most young kids, and she didn't used to wear much make-up. Kids don't need it, do they? She's a pop star these days so she's usually wearing a lot of make-up in all her photos. To be honest, though, she wears a lot of dark clothes these days and I think she'd look better in something more colourful, like the clothes she used to wear when she was younger.

You can see from this photo that she used to perform at really big events, even when she was young. That's a big audience for such a young girl. People didn't use to know her name, but she was clearly talented, even back then! No wonder she's a huge star these days.

▶ 27

M: So, Jen, what's it like living in Shanghai?

F: Well, it's the biggest city in China, it has more people than Beijing. But it's actually quite an old city, so the population of 24 million isn't growing that much, compared to other cities.

M: Is the traffic as bad as they say?

F: Well, it is and it isn't. The public transport system's excellent. They have the longest train and bus networks in the world. But you can't just buy a car and drive around Shanghai, you need a special licence, and the government only sells 8,000 licences a month.

M: I've heard that it's quite polluted.

F: Hmm. Well, I don't think there's much fresh air in any big city, to be honest. But at one point, Shanghai recorded the highest pollution levels ever measured. It's getting better, though. It can still get bad in the winter months and in the evenings. They have a pollution warning system now. If it gets to the highest level, the red warning, the government just orders cars to get off the roads immediately to protect people's health!

M: Wow! And I guess there aren't many open spaces either.

F: Well, there aren't many large parks in the city, but they've turned an eight and a half kilometre long piece of land into natural parkland. It's alongside the river.

M: Are there places you can take your kids?

F: Well, even the smallest parks have a space for children to play. Most of them are very new, clean and safe.

M: How about entertainment?

F: Shanghai's full of nightclubs and there's the Chinese cinema industry, of course. There's a lot to do – things you've probably never even thought of trying!

M: Have you had any difficulties?

F: Only the usual problems. I guess the weather's been difficult. Britain has a very mild climate, but the weather in Shanghai is quite extreme, freezing winters and very hot summers!

M: Are you happy you decided to move there?

F: Definitely! There are some great jobs for people who want to try living in China and it's a friendly place to live.

▶ 28

1 I guess you've got a bit more space and the air's fresher. We still live close enough to the city to go in at the weekend. But there aren't any local shops near my house and I have to drive 15 minutes to get a pint of milk. There isn't a lot going on where I live, either. I work in the city and have to spend an hour on the train getting to the office, so I'm too tired to cook when I get home. I eat far too many takeaways.

2 Everybody thinks I have friendly neighbours who I see every day, but my family lives miles from anywhere and there's no one else my age nearby. If I go out at night, I can't get home because there's no public transport. I'm not sure there's much fresh air, either. The farmer next door puts some strong chemicals on the fields in summer. I love my school, though.

3 Everyone says it must be really expensive living here – okay, so there are really high rents where I live, but I save money on other things. I take public transport everywhere. My little flat is so small, my heating bills are tiny. I live in a lively neighbourhood. I know the people who run the café downstairs, so I can go in anytime I fancy a chat, which I just love.

Unit 5

▶ 29

J = Jack L = Lara

J: Sis, are you ready to go? The taxi will be here in a few minutes.

L: Yeah, I'm ready.

J: Oh, you look nice.

L: Thanks.

J: Is that a new dress? I've not seen it before.

L: Yeah but it's not mine. I rented it from clotheswap.com.

J: What's that?

L: It's a website where people rent out their clothes.

J: Really? How does that work?

L: You look for something in your area that you like and then you go and try it on. If you're happy with it, you rent it for a week.

J: I didn't know you could do that. I guess it's cheaper than buying something new.

L: Yeah, it is. I tried on about thirty different dresses in ten different shops last weekend but nothing was right. One was a really lovely long red silk dress. I loved it but sadly it didn't fit me. So, anyway, I thought I'd give the website a try.

J: Well, I think you made a good choice.

L: Yeah me too. I loved this dress as soon as I put it on. Does this bag go with my shoes? I can't decide.

J: It all looks fine to me. What about me?

L: You look great! It's nice to see you wearing something other than jeans and a T-shirt. You've even ironed your shirt!

J: I know!

L: Nice tie too. It matches your eyes.

J: Thanks. I'll probably take it off in about an hour, though. It's so uncomfortable!

L: Oh, I think the taxi's here. Have you got the invitations?

J: Yeah, they're in my pocket.

L: Great, then let's go and have some fun!

31

- 1 I've bought Mike a lovely green silk tie.
- 2 Can I borrow a white cotton shirt?
- 3 Look at that awful red woollen jumper!
- 4 I like those unusual brown leather trainers.
- 5 Hanna's wearing a horrible tight yellow tracksuit.
- 6 I need a small black leather laptop bag.

32

Hi, I'd like to tell you about Drivester. It's a website where you can rent sports cars owned by people in your local area. You can rent them for an hour, a day or several days.

We've got over twenty cars available across the city for you to choose from. There are small sports cars, big sports cars and super fast sports cars. Anyone over twenty-five who's passed their driving test can rent a car, although there are extra charges for drivers under thirty.

Once you've signed up to our website, you can make a booking. You can look for a particular car but you may prefer to type in the dates when you want to travel first as this will show you only those cars available to you.

Most customers pick up the car themselves but you can ask the owner to deliver it when you fill in the online booking form. It costs a little more but that might be more convenient for you.

On the day you are renting the car you meet with the owner. It's important to have your driving licence with you. You need to show it to the owner so they know you're the right person but don't worry about taking a bank card. The website arranges payment.

When you return the car to the owner, you don't have to do anything except return the keys. Once the owner tells us the car has been returned, we'll send you an email asking you to write a review of your experience on our website.

Okay, so what about costs? There's a daily fee to pay when you rent a car and car owners decide what that cost should be so they're all different. However, the lowest is £100 a day which is cheaper than most other car rental firms, and our cars are sports cars! At weekends, the cost can be a few pounds more but we make sure the cost doesn't go up in the summer holidays.

33

The photo shows a group of older people taking an art class. They're all sitting around a huge table. In the foreground, there's a silver-haired woman. She's painting a picture with a paint brush. The painting is colourful. In front of her, on the table, there's a plain notebook, some paints and a glass of water which she'll use to clean her brush. The woman's wearing a red and white striped top and glasses. She looks serious because she's concentrating on her painting. In the background, there are two more women and they're both focusing on their paintings. There's a man standing next to the woman on the left. He's the teacher. He's pointing to the woman's painting and they're talking about it. The teacher's middle-aged. He's wearing a grey, cotton shirt. He's got very short dark hair and he's wearing glasses. The woman is older. She's in her seventies and she's got short grey hair. She's also wearing glasses. She's wearing a bright green top.

34

- 1 When I first heard about Skills-U-Swap, I thought it was such a wonderful thing to do, and I still do, actually. The thing is that my skill's a bit unusual – I'm a lip-reader – and so my profile wasn't attractive enough for most people. I'm no good at cooking, I don't speak another language and I don't have a

car. It was just too hard to find someone to swap with so in the end I gave up. I still think it's a good website, though, if you have the right skills.

- 2 Skills-U-Swap is so useful and it came at just the right time for me. My company moved to the other side of town so I no longer had enough time to go home and feed my dog in my lunch hour. I needed someone to feed him and take him for a walk for me. Using the website, I found a lovely retired lady to do the job and in exchange I do some gardening for her once a week. I've swapped other skills too and I often go on to the site and chat to people. There are such kind helpful people on the site that I feel part of a really useful community.

Unit 6

35

M = Manager E = Ellie

M: So, thanks for coming to the Jameson Youth Club. We're always looking for people to help out. So, tell me about a skill you have.

E: Well, I'm mad about DJ-ing. I just love listening to songs and I'm really into getting people to get up and dance.

M: How long have you been doing that?

E: Well, I've always loved working with young kids and I've been doing children's birthday parties for about three years. These days I'd rather play music for the radio and I'm working at the hospital.

M: How would you get to the youth club?

E: I'm keen on cycling so when the weather's good, I can cycle. I'm not really keen on cycling when it's cold or windy, but I can always take the bus.

M: Which would you like best, working with children or young teenagers?

E: My favourite thing is working with very young children, but I don't mind working with either to be honest.

36

E = Examiner M = Melissa A = Adam

Part one

E: Melissa, tell us about the people you live with.

M: I share an apartment with my mum and dad and my little sister. My grandmother also lives really nearby so she often has dinner with us in the evenings.

E: Adam, tell us about your English studies.

A: Well, I want to be an engineer so I'm studying English as part of my course. With lots of engineering projects, you have to work with people from different countries, so it's important to be able to communicate with them.

Part four

E: Adam, do you like to go to parties?

A: Yes, of course I do. I think everyone loves to celebrate something special with people they know and love.

E: What about you, Melissa?

M: I agree with Adam. I love parties too.

E: What kind of parties do you like, Melissa?

M: I like any party as long as I'm among friends and family. I sometimes have to go to work parties where I don't know anyone, and I find those a bit hard.

E: Adam, what do you think is the best activity to do at a party?

A: I think having a meal is best.

E: Why?

A: In my opinion, sharing food has always been an important way to celebrate. It shows we belong to a group. A lot of festivals have special food connected with them too.

37

G = George J = Jo

G: Hi Jo, it's George.

J: Oh, hi, George.

G: Listen, you know I said the other day that I'm interested in taking an evening class? Well, as I was looking for the football results last night, I saw an ad for a comedy course.

J: A comedy course? I didn't know there was such a thing.

G: Yeah. I've got a friend who did a similar course a couple of years ago. I was quite keen on doing it myself back then, but didn't have the time. I'd forgotten about it until last night.

J: So, what happens on the course?

G: You learn how to tell jokes like a comedian. On the last night of my friend's course, she did a live performance in front of paying guests, including me.

J: Really? How was it?

G: Well, they weren't all great. There was this one poor guy who was so nervous that no one could hear him so they stopped listening to him. While he was telling his jokes, the audience were talking! I felt really sorry for him.

J: That's not nice. Poor man!

G: I know. But most people did really well, including my friend. The course really gave her loads more confidence and she even said some of the things she learnt were useful at work.

J: Well, that's not so bad!

G: Do you fancy it? Lessons are every Monday and Wednesday at the local college for a month.

J: I don't know. You've always been funny, but I'm not very good at telling jokes, I always forget the ending.

G: I know you do! Look, it sounds scary but it's the more difficult things in life that give you the most satisfaction. And it's a good chance to pick up new skills. Go on, let's try it. It's only twice a week for a month.

39

M: How did your visit to the university go?

F: Well the journey took ages, and that was without any traffic jams on the way!

M: What about the university, though?

F: I loved the architecture. It gave it a real atmosphere. I doubt they have air conditioning or anything invented in the last two centuries, though.

M: Did it have those huge lecture halls that you sometimes see in films?

F: No, they don't have any, but I quite like that because it means they can only fit a few people in each class.

40

1 You will hear a girl telling her friend about a visit to a university.

M: How did your visit to the university go?

F: Well the journey took ages, and that was without any traffic jams on the way!

M: What about the university, though?

F: I loved the architecture. It gave it a real atmosphere. I doubt

they have air conditioning or anything invented in the last two centuries, though.

M: Did it have those huge lecture halls that you sometimes see in films?

F: No, they don't have any, but I quite like that because it means they can only fit a few people in each class.

2 You will hear two students talking about moving into student accommodation.

F: Hi, I'm Alyona.

M: I'm Alex. Nice to meet you. I see from all those boxes that you've just arrived.

F: Oh, yes. I'll put those in the bin later.

M: I did that when I started last year. Then it was hard to find new ones when I had to empty my room at the end of the year.

F: Oh, okay. I think I brought too much stuff, though.

M: Oh well, at least you won't have to buy lots of things. Have you met the guys next door yet?

F: Not yet.

M: I expect you'll hear them soon. They're so noisy.

3 You will hear a girl telling her friend about a geography trip.

M: Hi Molly, how was the geography trip to Iceland?

F: The views were incredible! We were expecting to collect some great data on ground movement around the ice. The equipment we took froze up, though.

M: Oh no! So the trip was wasted?

F: It wasn't that bad. I'd be keen to go back and try again, though.

M: I'm surprised your teacher didn't warn you about the equipment.

F: Well, he did tell us, but the equipment they usually take to that kind of challenging environment was already in use by another group.

4 You will hear two friends talking about the homework they have been set.

F: We've got three essays due in one week! It's a good thing I started early.

M: I started immediately too, and I'm still thinking of asking for more time.

F: Don't depend on that! I heard the teachers are quite strict.

M: I don't even understand the question for the chemistry essay.

F: A lot of people were in the same situation. There's lots on the group's social media site. You could try there. There were a lot of summaries of the lectures and books for that project too, with comments. The lectures were hard to follow, weren't they?

M: They were.

5 You will hear two students talking about a book they have read.

F: What did you think about that book?

M: Well, they say it's a classic introduction to Social Studies. I imagined an introduction might be a bit briefer, though.

F: I know! Still, we won't have to buy anything else, this one covers just about everything.

M: I looked through the section on research methods and I can see how it'll be helpful for our practical work.

F: I was worried about how to write up a report until I looked at that chapter. It just uses such big words that I can't understand it, though.

M: I was surprised, I didn't need to look much up!

6 You will hear two friends talking about a concert they both went to.

- F:** I can't believe what time I got in this morning!
- M:** It was such a good concert, I didn't want them to stop. The band were amazing. You'd normally have to pay so much to see a live band like that.
- F:** The man who's in charge of organising these social events for the university gets special deals with bands. They practise at the start of a tour with a small audience and everyone's happy. Their speakers weren't great, though.
- M:** I didn't notice. I might regret the decision to stay until the last song once I'm in the middle of my first class, though!

Unit 7

▶ 42

- F:** Right. We've just had a water meter fitted so we're going to have to start using less water. I guess we use most water for drinking.
- M:** You're joking! That's nothing compared to what you can get through by using the shower. Look – I'll get the facts up on the internet.
- F:** Oh, you're right! Look, drinking water is only two or three litres a day, and that's if you drink as much water as you're supposed to!
- M:** I don't drink anywhere near that much.
- F:** I guess the one that uses the most water is the bath. Showers use a lot less water.
- M:** Actually, four minutes in a modern power shower's exactly the same as a bath, 80 litres.
- F:** I guess that's where we need to cut down. I suppose a quick two-minute shower will only use half that amount. What about the washing machine?
- M:** It's almost the same, 65 litres, but we don't put the washing machine on every day, like we do with the shower.
- F:** Why is cleaning your teeth in there? It says 6 litres! Every time? There's no way we use that much.
- M:** You can easily if you keep the tap running.
- F:** Ah right, I guess you're right. It's definitely best to turn it off then.

▶ 43

- F:** I've just done a weather quiz on this website. There were some really cool facts in it!
- M:** Oh yeah?
- F:** Yeah, you think it rains here – well in Mawsynram in India they get over 11 metres of rain a year ... although it says they got 26 metres in 1985. Can you imagine?!
- M:** That's some rain shower. They must swim everywhere, not walk!
- F:** No jokes! Well, I guess the opposite is Arica in the Atacama Desert. No one gets wet there, because it rains just once every few years.
- M:** How does anyone live there?
- F:** I don't know, but around 200,000 people call it home. That's not the warmest place in the world though. The hottest temperature ever recorded was apparently in El Azizia in Libya in 1922. It was an amazing 58°C.
- M:** That's what you call hot! 58°C? The most we get here is about 28°C! That's mild weather in comparison.

- F:** I know! The coldest temperature, –89.2°C, was recorded in Russia's Vostock Research Centre in Antarctica in 1983. No surprises there – we expect it to have freezing temperatures. But did you know that the Antarctic is also the windiest place on earth? A place called Commonwealth Bay has had winds of over 240 kph!

- M:** Wow, does anyone actually live there?
- F:** I don't know. It's probably not possible when it's blowing a gale like that.
- M:** I don't really like windy places to be honest. A light breeze is enough for me!
- F:** Right. Next ... can you guess where the least sunny place is?
- M:** Er, is it Antarctica by any chance?
- F:** Yes! Apparently at the South Pole, there's no sun at all for 182 days of the year. That would be a depressing place to live, wouldn't it?
- M:** Not the best place for a summer holiday!
- F:** Here's an unusual one – a spot above Lake Maracaibo in Venezuela gets the most lightning. There are lightning strikes on 297 days a year. Scary!
- M:** Yes! I wonder if they just get the thunder or if they get thunderstorms too, you know, with rain.
- F:** Oh, I don't know.
- M:** Okay, tell me some good news. Does it say where the sunniest place is?
- F:** Er, let's look. Oh yes, it's Yuma in Arizona. It's sunny there for over 4,000 hours a year. It says that's 90 percent of the time from sunrise to sunset. How wonderful would that be?
- M:** Pretty wonderful. I imagine it's dry heat too, which I prefer to humid weather.
- F:** The USA also holds the record for the heaviest snowfall in a year though. 30 metres of snow fell in the winter of 1998–1999.
- M:** What, in Yuma?
- F:** No, on Mount Baker in Washington State. And South Dakota is also a place to avoid unless you like cold things falling from the sky.
- M:** What do you mean?
- F:** The biggest hailstone fell there during a storm in 2010. It was nearly a kilogram of solid ice!
- M:** Oh, that's so dangerous.

▶ 44

P = Presenter J = Josh Baker

- P:** Today we're talking about our oceans with scientist Josh Baker. Josh, what do you think is the largest problem we have with our oceans?
- J:** We're already trying not to take too many fish from the same area. Our oceans are getting warmer which we need to consider but the main issue for me is the huge number of plastic products that end up in the water.

▶ 45

P = Presenter J = Josh Baker

- P:** Plastic is everywhere. Why is it such a popular material?
- J:** Businesses might say it's because not much oil is used to make it. This means it's not as expensive as other materials to make, which makes it attractive to companies. However, I'd say it's the fact that it doesn't damage easily. That's why it's in our kitchens, our cars, our computers and everywhere really.

- P:** Which products do you think create the most serious problems?
- J:** Well, we estimate that about eight tonnes of plastic goes into our oceans each year. Some of it comes from companies which make things with plastic. A bigger issue is the plastic that goods from shops are sold in. Waste like TVs and fridges is also a problem, but a less common one.
- P:** What worries you about the plastic in our oceans?
- J:** It's clear that plastic affects the lives of animals that live there. And we've all seen beautiful beaches with plastic all over them. What upsets me is the fact that there are tiny bits of plastic in the water that we drink. That can't be very good for us at all.
- P:** Last year you started a charity that will try to reduce the amount of plastic that we use. How will you do that?
- J:** We thought about a few things, like finding new recycling methods. However, there is a company that is already doing that, so we chose to develop something to replace plastic which is safer for the environment. We have the help of one of the top universities in the country.
- P:** Well, that sounds interesting. When do you think our oceans will be free from plastic?
- J:** Good question. I'd like it to happen in the next decade, and I know some people believe it can, but I'm less certain. 2050 is more realistic and is my guess. I hope my great, great grandchildren will be able to go down to the beach and look at healthy oceans.

▶ 46

E = Examiner M = Male F = Female

- E:** Some people are going to compete in the Maldon Mud Race. Here are some things they could take with them. Talk together about the different items and decide which would be the most useful. All right? Now talk together.
- M:** Okay, let's start with the mobile phone. That's something everyone has with them all the time!
- F:** Yes!
- M:** But the race is really wet and dirty. I'm not sure the runners should take their mobile phones with them. They'll get wet which isn't good. What do you think?
- F:** I agree the mud and water might damage them. And the runners won't have time to check their messages!
- M:** Very true! What do you think about the trainers? Is it easier to run the race with them on or off?
- F:** On.
- M:** Really? I think the shoes will just come off in the mud and the runners will lose them. Why do you think it's easier with shoes on?
- F:** Well I, I go running, and I think it can really hurt your foot when you stand on a stone or something.
- M:** Good point, and I guess you can't see what's hiding in the mud. They don't want to get an injury or they won't finish the race.
Okay let's think about some of the other things. What about the drink? I don't think you need to take one. Surely if it's an organised race, they'll have water there for everyone at the end of the race.
- F:** I agree. It's too much for the runners to carry a bottle of drink with them and it's only a short race anyway.
- M:** Do you think the swimsuit is useful?
- F:** Er ... it's probably more comfortable to wear shorts and a T-shirt.

- M:** Hmm, I think you're right. I suppose they could wear a swimsuit under their clothes. That might be more comfortable than underwear.
- F:** Oh, that's a good point actually. I hadn't thought of that. So, yes, a swimsuit might be useful.
- M:** What about the jumper?
- F:** The runners need to put it in a bag for after the race but they don't need to wear one during the race. They'll be too hot.
- M:** I think the runners need a complete change of clothes for after the race, including a jumper. They'll definitely need a towel too – I don't think anyone would fancy getting in the car with lots of mud on them.
- F:** Yes, you're right. They won't need a towel for the actual race, but it'll be very useful afterwards.
- M:** Okay, so, the final thing is the hat. Is a hat a good idea?
- F:** It might be. It'll keep the runners' heads warm.
- M:** I think it depends on the weather really. If it's a cold day, it'll be useful but if it's mild then they won't need it.
- F:** That's true. It depends on the temperature.
- M:** Okay, so we've talked about all of them. Which is the most important?
- F:** Well, I think it's either the trainers or the swimsuit.
- M:** Actually I don't think the swimsuit is necessary. It might be useful but ...
- E:** Okay, thank you very much.

Unit 8

▶ 47

I = Interviewer M = Michelle Washington

- I:** Michelle, do you think being a star of reality TV is a good job?
- M:** Well, a lot of people like the idea of fame, but they soon realise that it has disadvantages, especially when their private lives are on show. There's obviously a lot of money in this job, though, so that's what persuades such huge numbers of people to do it. In addition, you don't need a lot of talent or to do a lot of hard work to get a job in reality TV.
- I:** Is it a good job, in your view?
- M:** Well, you need to think about how you would feel with journalists and photographers finding out everything about you, because once you start, everyone from your boss to your ex-boyfriend will be talked about in magazines and newspapers, and writers will be looking for all the bad things. You should at least talk this over with your partner, in advance of sending in that application form.

▶ 48

Well, if you decide to appear on reality TV, there's a lot of competition for places. Here at the New York Reality TV School, from week one we'll start by teaching you how to avoid common errors. So many applicants look straight at the cameras, or do nothing – it's just the worst thing you can do. Our professionals will share their secrets, like how to smile naturally when you know your actions are being filmed. Learn what really works on screen. We don't want to turn you into a copy of anyone else. We'll help you develop your own individual style through a choice of clothes that really suit your character and we'll give you tips on your hair and make-up so that you can look your best. In the last part we look at applying for shows and successful screen tests.

The most popular course is the six-week workshop course. It takes place every two months. This is our main course, but we also run a shorter weekend course which takes place once every six months. The cost of the workshop course is \$995. This includes the cost of food and you can stay in our student accommodation. If you are able to provide your own accommodation, the price is reduced to \$395. The weekend course costs \$495.

Anyone hoping to register for the next course must book by the 25th of April. Fees must be paid in full by the 5th of May. Students who book and pay before the 25th of March can take 10 percent off the course fees.

If you're interested and need further information, come to our open day and meet and talk to teachers and some students from previous courses. The dates are available on our website, or you can telephone the office.

▶ 49

- 1 I only really enjoy chat shows when they have comedians on or do funny things with the guests.
- 2 I find it so depressing looking at the people on magazine covers. They're so false these days.
- 3 I don't think working in show business is a very good career for anyone really. You're better off just studying hard.
- 4 I've always dreamed of becoming a famous rock star, playing in a band with fans screaming!
- 5 I'd really love to go around the big film studios in Hollywood and see how the films are made.

▶ 50

- 1 The metal thing around his neck.
- 2 The thing you use to record voices.
- 3 Those long strings covered in plastic.
- 4 The grey top – the kind you use for sport when it's cold out.
- 5 The hat you wear to play baseball.

▶ 51

I = Ivan J = Jenny

- I:** Here's a photo of my flatmate at the weekend. He was out with his friends filming something for an online video.
- J:** Isn't that your flatmate in the middle, the one wearing the metal thing around his neck.
- I:** The necklace? Yes that's him.
- J:** What's the guy on the right holding? I can't remember the name. It's the thing you use to record voices.
- I:** Oh, a microphone. Yes, and there's another on the main camera.
- J:** Oh yes. All of those things must get in the way. You know, those long strings covered in plastic.
- I:** Yes, the cables are a bit annoying, but the quality of the sound is much better that way.
- J:** I think I know that guy. The one on the left wearing the grey top – the kind you use for sport when it's cold out.
- I:** The guy in the sweatshirt?
- J:** Yes, and the hat you wear to play baseball.
- I:** A baseball cap?
- J:** Of course, a baseball cap.
- I:** Yeah, you met him at my flatmate's birthday party.
- J:** Ah yes, of course.

▶ 52

- 1 Don't worry. We don't expect you to get the words exactly right in an audition.
- 2 Well, you can ask about the character, but the best actors get that information from their agent, and usually just get started straight away.
- 3 Just know the character, and know what they want.
- 4 No, but you should be aware of the camera and know how to turn your best sides to it.
- 5 Don't apologise, don't make excuses, just be professional.

Unit 9

▶ 53

P = Presenter S = Sam Davis

- P:** So Sam, you've been looking at the effects of playing video games. Do you think people spend too long playing video games?
- S:** Well, a lot of people spend a huge amount of time playing them. By the age of twenty-one, many gamers have played online for around ten thousand hours. It can sound like a lot of time wasted on just a hobby, but I think gamers are learning valuable skills, like team work, problem-solving, or managing complicated situations.

▶ 54

P = Presenter S = Sam Davis

- P:** Sam, when did you start enjoying video games?
- S:** When I was a child, games machines were expensive, but my brother, who's much older than me, gave me his old one. My mum worried that I spent so much time playing video games, but I always made sure I did my homework first. I became a real gaming fan when I realised that whenever there was a new challenge, I was able to handle it.
- P:** A lot of people dislike video games.
- S:** I know. People blame them for problems all the time, and the complaints never seem to change. Even in the early days when games were very basic and a bit boring, people worried. I think most newspaper articles are starting to offer a balance of opinions these days, though.
- P:** So, in your research, what did you look at?
- S:** I was interested to see if people's brains really are being damaged. Other scientists have looked at happiness and moods, and found mixed results. We found that the part of the brain that controls where our hands and arms go actually grew in size in people who played games. We're also interested in whether games help people to get on with each other, but that's for our next research project.
- P:** What about games that involve fighting?
- S:** I think there's good reason to be annoyed about games where the main action is to shoot or hit other people. We've been looking at the effects of this kind of game for decades now, and it's hard to ignore the facts. There's no doubt that this type of game can make people behave in a bad way. But not all games are like that.
- P:** So what games do you prefer?
- S:** Well, there are three basic needs in everyone's life that games can meet. For me, it's about working in a team. I feel connected. I know that games also give people a chance to develop talent in certain areas. The last one is allowing people to make their own decisions. It meets a strong human need.

- P:** How do you expect games to change in the future?
- S:** I think women are becoming more interested in gaming, and there'll be more games for them. There's been interesting work with people who have problems with their eyes and it'll be a huge step forward if games can make a difference to that. There's always interest in making the experience feel more realistic, but that's usually just talk.
- P:** Well, thank you ...

▶ 55

- 1 The most important skill for someone in my job is knowing how to use a computer. I create or rebuild online sites, so I have to be able to work with specific software. I have to be creative and plan things carefully – those two things don't always go together! I think it's important to get on well with the people you work with, otherwise it becomes impossible to do the job well. We disagree with each other sometimes but I think that's normal. I used to be a police officer but I wanted a change so I retrained. It was the best decision I ever made.
- 2 To do my job you have to be good at maths or you'll find yourself unemployed quite quickly! It's not a job for people who are impatient either. You need to look at lots of information very carefully or you'll make mistakes. People sometimes think my job's a bit unexciting, but actually I work with lots of different businesses who all have different financial needs. This means there's quite a lot of variety. I've been doing it for over ten years and I still enjoy it.
- 3 I have to deal with twenty members of staff and any customers who are unhappy about something we've sold them, which means it's really important that I communicate with people well. I also need to be in control of my staff in order for the business to run well and for them to feel positive about their work. To do this, I have to be self-confident. With a place this size, there are often issues with staff being off sick, so I need to be able to find an answer to these issues quickly. I really love my job but one thing I dislike is the fact that I have to work irregular hours.

▶ 57

M = Maisy W = Will

- M:** I was reading an article about how much people spend on their hobbies.
- W:** I suppose it's true that a lot of hobbies can be expensive.
- M:** It says here people spend hundreds of pounds on some hobbies.
- W:** I'm not sure that I'd say it was hundreds. I mean some hobbies like mine – running – cost absolutely nothing.
- M:** Personally, that's what I always thought too, until I read this article. But when you add in the cost of special running shoes and clothing, and the cost of entering races and big competitions, it can soon go up.
- W:** That's true. It can cost hundreds. I think it's worth it though. Speaking for myself, I'm much healthier and happier as a result.
- M:** And it's better than sitting in front of the TV all day.
- W:** Exactly!
- M:** Well, the experts say that golf is one of the most expensive hobbies.
- W:** Really? Is that because of all the expensive equipment?
- M:** No, actually! They say that it's all the money golfers spend on lunches and drinks in restaurants after they finish playing!
- W:** I guess you can't beat simple hobbies like running after all.

Unit 10

▶ 59

Online auctions have become really popular in recent years with some rather unusual things for sale. In 2003, a piece of rock from Mars was sold for a huge \$450,000. Perhaps that high price is not so surprising when you know that it was one of just 123 rocks from Mars that have fallen to Earth.

In the year 2000, a Britney Spears' fan sold a piece of chewing gum she'd chewed and then spat out at a concert in London. It sold for \$14,000.

In the same year, a man in the USA decided to sell the meaning of life. It didn't attract much attention though, and sold for just \$3.26.

One thing that did attract attention was a 1954 letter written by scientist Albert Einstein. It sold for a massive three million dollars. Sprouts are not everyone's favourite green vegetable and so twice, a man in the UK sold a plate of them that he didn't want. The first time they sold for £99.99. The second time just £34. Both times, he gave the money to charity.

Finally, in 2006, a biologist spotted a sea urchin for sale on an online auction site. The biologist discovered it was a new species of sea animal which lives in the Pacific. Despite that, it only sold for \$138.

▶ 60

P = Presenter D = Diane Shaw

- P:** Yesterday, somebody paid 450 million dollars for a painting at an auction in New York, so today we're talking about the value of art. With me is Diane Shaw, owner of the East Bank Gallery. Diane, why does art sell for such high prices?
- D:** Well, let me start by saying that paintings are bought and sold every day. I expect a painting is being auctioned right now somewhere in the world, but most are sold for just a few hundred dollars.
- P:** Okay, but when art is sold for a high price, it does seem very high. For example, in the spring of 2015, ten pieces of art were sold for a total of 800 million dollars. They were bought by different people, of course, but that's still an average of eighty million per item.
- D:** Well, people spend that much money for different reasons. It could be that the owner likes the art and wants to own it because it makes them feel good or look good to other people. Perhaps the art is special to them in some way, or they like the artist's technique and creativity. It can also be to make money. Art collectors buy art which they think will go up in price so they can sell it at a higher price later on.
- P:** Art isn't only collected by private individuals though, is it? It's also bought by galleries.
- D:** Yes, that's right. Galleries buy it so they can display it and attract more visitors. Or in some situations a piece of art is bought by an individual and then given to a museum to display. For example, in 1987, a private collector bought one of Vincent van Gogh's *Sunflowers* paintings for just under forty million dollars. He then gave it to the Museum of Modern Art in Japan where it's on display today.
- P:** I expect the owner can visit whenever they want!
- D:** Yes, probably!

63

R = Robbie J = Jennifer

- R:** Okay, Jennifer, what have we got for this year's charity auction so far? I'll make a list.
- J:** Well, we received these posters this week. Personally, I don't like them. They're by a guy called Razzia.
- R:** Rats?
- J:** No, Razzia. I'll spell it for you. It's R-A-double Z-I-A. Apparently lots of famous actors collect his posters, so they might bring in some money. This one was made in 1976 so it's quite valuable.
- R:** Great!
- J:** And one guy phoned and said he had two plane tickets to New York to give away. He left us his email address. It's Tony at mytravel dot org – that's 'mytravel', all one word.
- R:** That's brilliant!
- J:** Yes, although they have to be used by the 30th of June.
- R:** Okay, that should fine. What else?
- J:** Well, Linsey Baker has offered to clean someone's house for a week.
- R:** That's fantastic. How do you spell her first name?
- J:** It's L-I-N-S-E-Y.
- R:** Thanks. How many hours is she offering?
- J:** I think two hours a day, so ten in total.
- R:** I'm sure that'll be popular.
- J:** Yes, absolutely. We've got a free lunch for four people at the Grenville Café. Let me spell that for you. It's G-R-E-N-V-I-double L-E. The buyers will be able to use it between midday and four fifteen in the afternoon.
- R:** Got it.
- J:** And lastly, the CostLow Supermarket has sent us a basket with sixteen different food items in it – all their best stuff.
- R:** Fantastic. I don't know that supermarket, where is it?
- J:** It's in Debden Lane.
- R:** How do you spell that?
- J:** It's D-E-B-D-E-N.

64

Okay, now for some news about our annual charity auction evening on the 29th of April. We're very excited about getting into the Park Hotel for the auction this year. It's a fantastic place to hold our event. Guests can arrive from seven o'clock. Drinks will be served from seven fifteen and we'll begin selling items at seven forty-five.

Please book a seat for the auction before the day of the event. Look out for our online advert. If you share it with your friends on social media, you'll have the chance to win a fantastic television. Don't worry about bringing cash to pay for any items you buy. You can transfer money from your bank account to ours after the event.

All money from this year's event goes towards helping local homeless people. We intend to use the money from the auction to build a brand-new training centre, where homeless people can come to learn new skills. It'll be next to the hostel on West Street. You can see the plans in their office.

We've got some fantastic items to sell at this year's event. Plane tickets to New York are new this year. We expect the most interest will be in the tickets to next month's music festival. This event has now sold out so you won't get tickets anywhere else except at our auction. We're also very excited about the day trip to the local adventure park for the younger ones.

We already have a number of things to sell this year, but we'd always welcome more items. If you have anything else for the sale, please get in touch with Miss Campbell. I'll spell that for you. C-A-M-P-B-E- double L. The final day is next Thursday.

Now then, we have enough people to help with seating, but we are looking for volunteers to take care of people's coats as they enter. If you think you can do this, please contact Mr Baker. We have plenty of people working on the brochure so we're sure it's going to be a huge success.

65

J = Jake B = Bella

- J:** I think a photo frame makes a really good wedding gift. Kate and Ed will have loads of photos of the wedding. I'm sure they'd love a good frame.
- B:** Hmm, I'm not sure that's the best choice. It's not a very expensive gift. I think wedding gifts should be more expensive.
- J:** I don't know, you can get some really nice expensive ones. I've seen them at the department store.
- B:** Yes, you're right but I think other guests will buy them too. It's best to buy something different, that other guests won't buy.
- J:** Okay. What about some really posh dinner plates then? I'm sure Kate and Ed will have dinner parties.
- B:** Yes, that's a good point. Most married couples do. I'm worried about the cost though. I mean, you can't just buy plates, can you?
- J:** Yes, you're right. You also have to buy soup dishes, dessert dishes and so on. They'll need to match.
- B:** What about a slow cooker? They're really fashionable at the moment.
- J:** What's a slow cooker?
- B:** It's a kind of electric cooking pot. You put your meat and vegetables in it in the morning before work, turn it on and when you get home from work, dinner's ready. It saves people time when they're working during the week.
- J:** That's true. It's a good idea for busy people. Okay, that's a possibility. We could also get them some speakers so they can listen to music at home.
- B:** Yeah, that's a great idea but most people have those already, don't they? Everyone listens to music on a device these days.
- J:** You're probably right.
- B:** We could just give them some money. A lot of people do that these days so that the married couple can choose what they need or what they'd like.
- J:** That's true. I don't know though, I'm not keen on giving money. It seems so cold and it's easier for people to compare how much we spent with how much other people spent.
- B:** I'm not sure that's true. Most people are nicer than that but I see your point.
- J:** Something like a beach bag might be a good idea. They can take it on their honeymoon.
- B:** Hmm, it's a good idea but it's a bit like the photo frame. It's not very expensive.
- J:** I don't agree. You can get designer beach bags which aren't cheap at all. They're useful, look good and are expensive. Who doesn't love something like that?
- B:** You're absolutely right! Kate would love it! It's also something that people wouldn't normally buy for themselves because of the cost.
- J:** Yes! Good, okay, so we've got a couple of ideas to choose from. Which do you think then?
- B:** Okay, yeah. Well, I think we should go with the beach bag. I mean, it's ...

Unit 11

▶ 67

P = Presenter O = Olivia Franklin

P: Next week the Students' Union is organising a two-day conference on the topic of animal protection. With me now is Olivia Franklin, president of the Students' Union. Olivia, what exactly is the conference about?

O: Well, we're asking the question 'Should we save the panda?'.

P: Surely the answer's 'yes'.

O: Not necessarily. We're going to have two expert speakers putting forward different viewpoints. One speaker is going to argue that protecting these animals is our responsibility because, without humans, their lives would be safe.

P: Yes, that's the main argument, isn't it?

O: The other speaker is going to say that we should leave pandas to die out, because the money can be better spent on other wildlife projects.

P: Oh, okay, interesting, but hasn't that money already had a positive impact on pandas?

O: Yes, but his argument is that the money could have a bigger impact if it was used to help other animals. He thinks we only help pandas because they're big and cute, but actually, they're not a very strong species.

P: Interesting.

O: He also thinks tigers will die out in the next ten years whatever we do, because it's impossible to protect an animal that's worth more dead than alive.

P: Oh, that's depressing. Well, it certainly sounds like it'll be a fascinating debate. When does the conference start?

O: It starts on Thursday. All students at the university are welcome to come along. They can find more details on the Students' Union website.

P: Fantastic Olivia, that sounds great. I hope the conference goes well.

O: Thanks!

▶ 68

The photo shows some people outside in a park. Er ... it's an autumn day because there are brown leaves on the ground. There's a dog and the dog is ... er ... excited. There are also three women. The dog's looking at a piece of wood and all the women are smiling and looking at the dog. In the background there are some trees with green and red leaves on them. Um ... the woman at the front of the photo is holding a large piece of wood which the dog is looking at. The two women in the background are both wearing er ... thin coats that you wear in autumn or spring. They also both have long, blonde hair. The dog is a kind of yellow colour. The woman at the front has wavy, light brown hair. The women are all wearing jeans. Um ... the sky isn't blue so it's not a very bright day. Er ... the woman at the front is wearing a woollen jumper with different coloured stripes on it. She's almost sitting on the ground. The dog is ...

▶ 69

M: For me, the most important thing is my mobile. I can use it to send pictures to my friends and make them jealous!

F: Yes, but it's not easy to watch films and things on it because the screen's so small. Would a tablet be better?

M: It's too big to carry around. What about a guidebook? We can use it to plan our time.

F: The whole idea of going on holiday is to waste time doing nothing! Besides, we can look up where to go on my phone.

M: Okay, so that's the thing we'll take then but the tablet's a close second!

▶ 70

1 What part of the man's body hurts?

F: Hi Dave, how was your day?

M: I went snowboarding with a couple of friends.

F: That sounds like fun.

M: Well, yes, but the sun was really bright and as we were coming down towards the bottom of the mountain, we all crashed into each other. One of my friends hit his head on my snowboard. Luckily he was okay. The other friend fell badly and hurt his knee. We had to take him to hospital. I came away with just a sore thumb.

F: Oh dear! That's not what you want when you go out for the day!

2 Which photograph are they looking at?

M: I love this photo!

F: Isn't it great? Even my dad's smiling in this picture and my mum usually closes her eyes just as the photo is taken. It's great that she's managed to keep them open here!

M: When was it taken?

F: We went on a day trip to the zoo. It was fun. We don't have time to do a lot as a family any more because we're all so busy.

M: Is that your brother there?

F: Yeah, it is. It was before he grew his hair long.

3 What will the man do this evening?

M: I missed the last two classes. What homework did the teacher give us?

F: Loads! Last week we had to write about a happy childhood memory. On Monday, she asked us to record ourselves describing our favourite restaurant and to send her the recording. She also gave us a link to a video that she wants us to watch before the next lesson.

M: Okay, thanks, The speakers on my laptop aren't working properly at the moment so I think I'll get the speaking task done tonight. I'll leave the writing until later in the week.

4 Which sport is free to try today?

Welcome to the Purbeck Sports Open Day. Come and try a new sport today. You can try our ten-metre climbing wall any time. The best thing is there's no charge for this activity! There'll be SCUBA diving classes in the pool. There's a small equipment rental cost for this and you need to sign up at reception beforehand. Down at the beach, local instructors are offering surfing lessons for beginners. There's a discount of eighty percent on their usual lesson fees, so make the most of this opportunity today!

5 When can the public start using the new IT Centre?

We're pleased to announce the opening of our new IT Centre at the Newtown Library. If you are phoning from a radio or television station or a newspaper, there'll be a special open day for journalists to preview the new facilities on Saturday the 23rd. Please contact our public relations office before the 20th to reserve tickets. General admission is on the 25th, when we intend to celebrate with a special 'come-and-try' session. Everyone is welcome to join us that day.

6 What does the woman order for lunch?

M: What can I get you?

F: Er ... I'll have a burger please.

M: Would you like chips or salad with that?

F: I shouldn't have chips. They're not very healthy and I'm on a diet. I'll take the salad instead.

M: Okay. And what would you like to drink? We've got tea, coffee or cold drinks.

F: Have you got fresh orange juice?

M: We have orange juice but it's not fresh, it's in a bottle.

F: Okay, I'll just take a bottle of water then, thanks. I might have a cup of tea later when I've finished my meal.

7 What does the man want to send back?

M: My order's arrived.

F: Oh right, is everything there?

M: Yeah, it is. The sweatshirt I wanted to give my brother for his birthday isn't the right size but I think I'll keep it for myself. It fits me and it looks good.

F: What about the hat?

M: I love it but it's not the same colour as the one on the website and he'll only wear particular colours. He'll like the T-shirt though so that one stays.

F: Can you return what you don't want?

M: Yes, I'll go to the post office tomorrow and sort that out.

▶ 71

I = Interviewer P = Professor Allen

I: Professor Allen, you help governments to predict and prepare for the future.

P: Well, yes, we're going to have to make some big changes. If we continue buying and throwing things away, we're soon going to have problems. By then, it'll be too late to think, 'Okay, I'll change my life!' We have to do something now.

I: Why do you think this?

P: Well, most of the world's oil's going to run out by 2050, unless something major changes. Without oil, energy's going to be very important. I imagine governments will start to use computers to keep a record of all the energy we use and I expect that there'll be taxes on the energy we use, instead of the wages we earn in future. Energy's going to be that important.

I: I guess that means big changes to transport.

P: Of course. Some forms of transport are going to be impossible without a new form of energy. Flying will become something that happened in the past, and cycling will be the first choice for most people.

I: That's quite a change.

P: Mmm, but I think it goes much further. Large supermarkets won't be possible in this new future, they'll be expensive to run, and nobody will be able to get there by bicycle, anyway. Without easy transport, cities won't be very attractive. I believe we're going to see the end of cities as we know them.

I: How likely is this future?

P: Well, this is the future we're going to get if we don't make any changes now. Obviously, a lot of people are working to make sure this doesn't happen. Interestingly, one of the biggest groups is oil companies. Nobody's more interested in finding the next replacement for oil than they are!

I: Will you be making any changes, Professor?

P: My bike's waiting outside, and I'm going to ride home after this interview!

I: I think I'll do the same tomorrow!

Unit 12

▶ 72

M: How was your weekend?

F: I watched the second series of that TV show, *Lighter Things*.

M: The whole series?

F: I just couldn't stop myself. I fell asleep halfway through one show, woke up on the sofa and just carried on the next day.

M: You mean you didn't even leave the house?

F: Not once. To be honest, I'm a bit depressed that there are no more programmes left to watch now. I felt quite emotional when I got to the end. I've never spent so much time watching TV before but I'd do it again.

▶ 73

1 You will hear a woman telling her friend about watching a TV series at the weekend.

M: How was your weekend?

F: I watched the second series of that TV show, *Lighter Things*.

M: The whole series?

F: I just couldn't stop myself. I fell asleep halfway through one show, woke up on the sofa and just carried on the next day.

M: You mean you didn't even leave the house?

F: Not once. To be honest, I'm a bit depressed that there are no more programmes left to watch now. I felt quite emotional when I got to the end. I've never spent so much time watching TV before but I'd do it again.

2 You will hear a man talking about his hobby which involves performing battle scenes for tourists.

F: I see you're wearing your cowboy clothes again. Are you joining your dad and his friends acting out those old battle scenes for the tourists again this weekend?

M: I am. There's nothing wrong with sharing a bit of history with the visitors. And I'm the only one among them who can manage to wave a gun around while riding a horse.

F: I have to be honest, the clothes suit you.

M: It's fun spending time with the older guys in town. Besides, because it's all based on history and facts, I'm always going to beat the others every time! It's guaranteed.

3 You will hear a man talking about his experience travelling.

F: I'm sure it was hard spending twenty years travelling the world.

M: Well, I always knew I wanted to get close to local people, and I've had some fantastic experiences.

F: Weren't you worried that places can be dangerous for tourists?

M: I think there are bad neighbourhoods and individuals everywhere, but it's possible to avoid them. I wasn't there as a tourist, though, spending lots of cash. I wanted to live like the local people, so I set up some small business deals along the way, and that easily covered my living costs. I wasn't expecting that to be so easy.

4 You will hear a man talking about the number of concerts he goes to.

M: That's twenty-one concerts in just seven days! I'll be putting these photos online later.

F: How did you manage it?

M: Well, they were at a lot of different times of the day. Quite a few places that hold concerts have closed and I was keen to

make people realise that and hoped they might be persuaded to get out and see more live music.

F: Did you have to pay to get in?

M: Luckily, when I told the bands what I was doing most of them let me in for free, or in exchange for me mentioning them on my website!

5 You will hear two friends talking about an advert for a job as a water slide tester.

M: Did you see that advert for someone to test the slides at the new water park? I didn't know that job existed.

F: Well, they need someone to test that they're safe. There are a lot of things to consider before you let children on.

M: I guess they get a better idea of speed if they actually go down it. You wouldn't want to put people in danger, and the biggest slides can get really fast. It must be strange doing such a serious job in your swimming costume though.

F: Imagine how strong your muscles would get from climbing all those stairs!

6 You will hear two friends talking about a competition.

M: Listen to this! A guy won a burger-eating competition in the USA. He ate twelve burgers in three minutes and won all the burgers he can eat for the rest of the year.

F: Do you think he was just naturally greedy?

M: I'm sure there's a lot of preparation, but the final result was really close, he only just finished his twelfth.

F: Well, I guess the guys who lost were disappointed, to be so close and just miss all the rewards at the end. Maybe next year.

74

R = Ruby Z = Zac C = Clare L = Lee

R: My family loves skiing so I've been skiing almost as long as I've been walking. I trained to be an instructor in my early twenties but I soon wanted something more challenging. That's when I tried extreme skiing. A helicopter takes us high up into the mountain and we ski down from there. It's possibly the most dangerous sport you can do because fresh snow moves quickly and without warning, so you can soon find yourself pushed towards rocks, trees and cliffs – or worse, buried under the snow. It's not something that people should do unless they're very experienced skiers.

Z: I've always been a keen cyclist. I competed in lots of road races as a teenager and trained hard but unfortunately just wasn't good enough to be professional. Then I got a mountain bike for my nineteenth birthday and I gave mountain biking a go. It's a fantastic sport. If you cycle sensibly and wear the correct clothing, then injuries aren't usually very serious. However, anyone who's taken part in downhill mountain biking knows that one tiny mistake can have a very serious result.

C: A few years ago, I realised I needed to improve my fitness so I got into walking. I'm not talking about the kind of walking families do on a Sunday afternoon. I'm talking about extreme walking across some of the most dangerous mountain paths you can possibly find. Some of the paths are wide, some are narrower than your foot. Beginners need to practise using safety equipment and ropes before they try any of the paths. And if you're afraid of heights, I'd recommend a different sport!

L: Growing up on the coast, I've been a surfer since I was a kid but around five years ago, I went on a beach holiday with friends who were into big wave surfing. I joined in with them, just to see what it was like, and loved it! You have to deal with huge waves so it's extremely dangerous, especially at

first when you're not very experienced. My advice is to keep practising and have experienced surfers around to help you at all times. This is what I did and I actually won a prize for the best newcomer in a competition I entered last year.

75

1 I enjoyed doing the long jump at school, but I absolutely hated the high jump. I used to pretend I had an injury so I didn't have to do it!

2 I try not to get nervous before an important match because if I do, I can't hold my racket properly and the ball doesn't hit the wall in the right place.

3 We scored two goals in the final and won the gold medal. It was the best day of my life!

4 I hit the ball, dropped the bat and ran as fast as I could to get a home run.

5 It's a wonderfully slow, relaxing activity that helps you to breathe properly.

6 The wind was against us for most of the course but by the time we could see the finish line, we were racing along!

76

A = Anna L = Luke

A: Hi Luke. What are you reading?

L: Oh, hi Anna. It's an article about people living in extreme places. Look at the photos.

A: Wow, that island looks amazing. The colour of that sea is gorgeous. And sandy beaches all around. Can I live there, please?

L: Sorry, it says here that no outsiders are allowed to move there.

A: Oh, that's a shame. Well, I'd live there if I could. Where is it?

L: It's Tristan da Cunha in the south Atlantic, almost 2,000 miles from the nearest land, apparently. I think it'd be quite boring. Fewer than 300 people live there.

A: What do they do?

L: They're farmers. It says here that they also make money by producing and selling their own stamps and coins. What amazes me the most is that they've only had TV there since 2001!

A: Well, they probably had more important things to do!

L: How about this for an unusual place to live, then? It's called the Hanging Temple and it was built into Mount Heng, a really steep mountain in China, more than 1,500 years ago.

A: Wow, that's old. I wonder why they built it like that.

L: Apparently, it was partly to protect it from bad weather and partly so the residents could live in silence.

A: Do people live there now?

L: Not really, it's a tourist destination. A few people live there so they can look after the place but that's all.

A: I don't suppose it's very comfortable as a home.

L: I agree, but the views must be incredible. So, if you had to live in one of these two places, which would it be?

A: If I had enough money, I'd visit both of them, especially the temple, to see what it's like, but I wouldn't live there if you paid me a million pounds! If I had to live in one of these places, it'd be Tristan da Cunha. What about you?

L: Well, if I'm honest, I'd hate to live in either place – I wouldn't be able to go clubbing! But if I had to choose, then I'd go for the island, I suppose. I could watch TV even if there's nothing else to do.

77

N = Nick K = Kate

- N:** I'd like to go there because the landscape is amazing. Would you go there if you could?
- K:** No. It's pretty. It's too boring. It's too quiet.
- N:** I'd go fishing in the lake because I'm sure there are lots of great fish there. And I'm into photography so I'd take loads of photos.
- K:** Fishing is too boring. Cities are more interesting. There are more things to do. They're more comfortable.
- N:** Yes, and there's a lot more entertainment. But I can take better photos in a place like this, especially of the wildlife.
- K:** I've never lived in the country. I grew up in the city. It's more interesting.

78

A = Angela W = Will

- A:** We've received hundreds of texts this week from listeners who took part in the Survival Quiz on our website. It seems that it's a topic you're all fascinated by, so I'm delighted to say we're joined this morning by survival expert Will Harper who's going to tell us a bit more about each of the situations in our quiz. Good morning, Will. Perhaps you could start by explaining what to do if we see a poisonous spider climbing up our leg?
- W:** Morning Angela. Yes, not really a situation any of us would like to be in, is it? Well, firstly, it's not a good idea to run screaming around the room. The spider will just hold on even more and may then bite you. If you stand still and do nothing, the spider won't move either, but it could bite you. The best thing to do is to brush the spider away, either with your hand or another object if you don't want to touch it. Do it calmly and confidently.
- A:** But what happens if the spider bites you?
- W:** You should wash the area with soap and water. Put some ice on it and, if possible, keep that part of your body raised. Then go to a hospital. If you can, catch the spider and take it with you so the doctor can identify it. Tying something around the bite will stop oxygen from moving freely round your body which is never a good thing to do. And don't wait to see if you feel ill later – it's better to be safe now than sorry later.
- A:** Now, I have to admit that I'm afraid of big dogs. What should I do if one's coming towards me?
- W:** Never look it in the eye, or make quick movements. Stay still and look in a different direction. They'll soon get bored and go and find something more interesting to do.
- A:** Okay, well, I'm sure you're right but it's easier said than done! Let's move on to talking about the great outdoors. What do you do if you're lost in a forest?
- W:** Well, if you're without food or water, running around will make you tired and thirsty. You could wait for help if you're sure someone will come looking for you but that might not happen. Walking downhill is the best choice because that's where water usually runs. Of course, if you have a mobile phone and a good signal, then try that first!
- A:** Of course. Definitely good advice! Right then, what about the last situation in our quiz? What should you do if a friend falls into freezing water?
- W:** The main thing is to get the person warm and then take him to hospital. It's best if they lie down so blood stays near to their brain. A person won't be able to get warm in wet

clothes, so they should take them off and put on dry clothes or a blanket. Give them a cool drink if possible.

- A:** Now Will, you've got a new book out called *Danger in the Extreme*. Is that right? Perhaps you could tell us a bit about it.
- W:** Certainly. It's a book I decided to write about five years ago after I ...

Practice test, Listening, Part I

79

1 Where will the woman look for the doll?

- M:** What's wrong with Amy? She looks upset.
- F:** Poor thing, she's lost her favourite doll. She's had it since she was born.
- M:** Oh no! That big blue one she was holding at the party?
- F:** That's the one. We haven't seen it since we were at the park at lunchtime so I'll go back now to have a look. We definitely had it at the supermarket this morning and afterwards in the car. I'm just trying to remember exactly where we've been today.
- M:** I hope you get it back.

2 Where will they have dinner?

- M:** Where shall we go for dinner? It's such a nice evening – how about eating outside somewhere?
- F:** I don't know. It's warm, but it might be a bit windy outdoors. What about that new pizza place on Grey Street?
- M:** Sounds good – maybe too good. I'm trying to lose weight!
- F:** Well what about a salad at home in front of the TV?
- M:** Are you serious? It's Saturday night! We should go out.
- F:** Well you decide then.
- M:** You know, that new place would actually be great.
- F:** Okay, but remember – this is your decision.

3 What will they take to the picnic?

- M:** Do you need me to pick up anything from the supermarket on my way home?
- F:** Yeah – if you wouldn't mind, we'll need something to take to the picnic tomorrow. I thought I'd take fruit, so maybe some pineapple and grapes, something like that.
- M:** Okay. But you know I don't like fruit.
- F:** Well it's just to take to the picnic. Get yourself some bread rolls or something.
- M:** No. I'll just eat cake – there'll be cake at the picnic, won't there?
- F:** It's Oliver's birthday, so I think there will be.

4 What will the weather be like tomorrow?

Well today's weather was full of surprises, with rain in most parts of the country after such a nice sunny day yesterday. That was the last of the fine days for a while. I'm afraid the wet weather will remain with us until much later in the week. It looks like rain every day except tomorrow, which should be dry but, unfortunately, still very cloudy. Temperatures will continue to drop this week, so you may need to bring out those winter jackets, especially in the north.

5 What does the young man want to do straight after he leaves school?

- F:** What do you think you'll do when you leave school?
- M:** Well, I definitely want to go to university eventually. I'd like to study medicine if I can. That's my goal – but not straight away. I'm not ready for that yet. First I'd like a year off to go travelling

overseas – you know, see the world a bit first. I'm working towards it, saving the money I earn in my part-time job. I help out at the pool – I'm a swimming instructor at the weekends.

6 Where will the walk start?

Feel free to look around the gift shop for five minutes, before we meet outside by the rose garden – we'll begin our walking tour from there. I should remind everyone to wear a hat and sun cream – both available here at the gift shop. We'll be out in the sun for an hour, so you might also want a drink. Remember though, we'll end up at the café so there will be drinks available for you to buy. Right, so I'll see you by the roses in a few minutes.

7 What did she leave at her friend's place?

Hi, it's me. Look, I came home with your hat after we visited yesterday. I think it was next to my jacket and I just picked it up with all my things. Sorry about that – I'll bring it over. The other thing was – I left my scarf behind, the blue one. It's on the chair next to the front door I think. I can come round today to give you back your hat and get the scarf – just let me know if you'll be home.

Practice test, Listening, Part 2



8 You will hear two friends talking about going to the cinema.

F: What did you think of the film last night? Did you like it?

M: It was okay I guess.

F: Really? Just okay? I thought the whole story was fascinating.

M: True – but they could have told it in half the time. It did go on a bit.

F: James, you just can't concentrate for more than half an hour. It's actually doing very well – it's really popular.

M: Maybe so – but not last night. The cinema wasn't even half full.

F: When I went, it was really crowded, but I suppose it was a Saturday night.

9 You will hear two friends talking about a teacher.

M: Mr Green. Didn't you have him last year?

F: Yeah. Get used to lots of homework!

M: I don't mind that – I need to do well. Do you think he was a good teacher?

F: Look, he could be strict sometimes but I guess he was the same with everyone.

M: At least he doesn't have favourites. That's a good thing.

F: True. But sometimes his lessons were a bit complicated – so ask him if you don't understand.

M: I think he's been pretty clear so far – but it's only the first week.

10 You will hear two friends talking about their new neighbours.

M: Have you met the new neighbours yet?

F: Yeah – they came over to complain about the loud music last night. I felt terrible – they were trying to get the baby to sleep.

M: Not a good start.

F: No. But actually, they seem nice – they remember what it's like to be a teenager. They were okay.

M: Well, they have to be better than the people who were there before.

F: I know – remember how they were always arguing! These new ones seem very different. I'm looking forward to getting to know them.

11 You will hear a young woman telling her friend about her part-time job.

M: How was your first day working at the shop?

F: I guess it went okay. I still have a lot to learn – I did a couple of things wrong.

M: Like what?

F: Well, I told a customer we didn't have any shoes in her size, but I was looking in the wrong place. Luckily, everyone that works there is so nice – they showed me what to do and said they all made mistakes when they first started.

M: So will you be there every Saturday?

F: I hope so. I'll have to wait and see how much work they give me.

12 You will hear two friends talking about using their phones.

F: I just got my phone bill – it was so high, I can't believe it!

M: I can – you're always looking at your phone. Why don't you keep it in your bag and just take it out when you want to use it?

F: I have to phone a lot of people. And once I have it out, I start playing games on it.

M: I know what it's like; I just upgraded to a new phone and now I can't stop looking at it. For me the only way is to have it where I can't see it.

13 You will hear two friends talking about a library.

M: Have you been to the new library?

F: Yeah – I went to see it yesterday. I like the way they've rebuilt the front. It's a real improvement – it was so ugly before.

M: I don't know about that. It's not really my style. But there seem to be more facilities now – you know, more computers and meeting rooms.

F: I think it will be more convenient for study groups now – you can book a quiet room and work together without disturbing anyone.

M: Yeah – so there won't be a bossy librarian telling us to be quiet.

Practice test, Listening, Part 3



You will hear a radio announcement about a new art gallery.

I'm Hannah Simons and I'm here to tell you about Oakfield's new art gallery. I'm sure you've seen the building work on Ridge Road for the last year and a half. Well, the new gallery is finally ready and will be opening its doors on Tuesday. Note that this is not Sunday as was advertised in the weekend paper – we had some last-minute delays so we needed another few days.

Now, if you want to come by car, there's parking on Ridge Road where the library used to be. However, we encourage people to take public transport to the gallery and there is a bus stop on the High Street across from the town hall. If you want to come regularly, consider becoming a member. It's sixty dollars a year for a family, so you could save over a hundred dollars if you plan to visit several times. Ask about our special individual rates too. We aim to get at least six different exhibitions a year. The huge new

space, the Sommerville Room, has a focus on photography and the Gresham Room will contain modern sculpture. If you're happy to do your own thing, just pick up a free map and enjoy the exhibitions. But you can book the guided tour of the gallery; these cost five dollars and there are two a day. Another thing I should mention is the gallery café, which is open from 10 to 5, the same hours as the rest of the gallery. After this, it's available for hire. It's a very welcoming space, and perfect for a special day such as a wedding. It has art on the walls and a fantastic menu. We're really hoping the people of Oakfield will make the most of this lovely new gallery and all its facilities.

Practice test, Listening, Part 4

▶ 82

P = Presenter L = Laura Wilkes

You will hear an interview with a young woman called Laura Wilkes who runs an online business.

- P:** I'm here with Laura Wilkes, one of the most successful young business owners in the country right now. Laura, what made you start your online business?
- L:** Well, I had no real career plan and I was still living with Mum and Dad and working as a tennis coach. An old school friend came to the tennis courts one day and we were talking about how hard it was to find a good water bottle. It was just a simple thing but when I got home, I started looking for good bottles online, I couldn't find what I wanted and so decided to design my own. The business grew from there.
- P:** It sure did. And now you sell more than just bottles, don't you?
- L:** Yeah. Once the website was up, I thought, 'why stop there'? Maybe people who buy bottles for sports drinks, maybe they'll also want a sports bag. I wanted to try something else and see what happened. So I did and the sports bags are selling really well too.
- P:** So what's the key to your success?
- L:** It's hard to say really. I suppose if you have a shop in a shopping centre, you can really look after your customers but, as an online business, I have to do all that online. I try as hard as I can to assist them as well as if they were in a shop, make it a bit more personal.
- P:** What challenges have you experienced in your business?
- L:** Oh, the second year wasn't easy. One day I was running a business out of my bedroom at my parents' place and a few months later I had my own building and eight people working for me. Fortunately, we always get positive comments from the customers – but it all happened very suddenly.
- P:** So would you say it's stressful?
- L:** No but it used to be. I've learnt a lot from those early days. Now I feel grateful to have this excellent team and it's really good to be independent, you know, be my own boss and make my own decisions.
- P:** And what's next? Will you start selling your products internationally?
- L:** Well, we tried that last year and, to be honest, it was really complicated with all the different laws. I've decided to keep it local for now. I'm lucky that I like what I do but it's been a lot of work. I'd like to be able to rest a bit more and let my staff manage the business more often.

Practice test, Speaking, Part 1

▶ 83

What's your name?
Where do you live?
Do you work or are you a student?
What do you do? What do you study?
Do you have much free time?
What do you enjoy doing at the weekend?
What are your plans for next year?
What type of weather do you like best?
Thank you.

Practice test, Speaking, Part 2

▶ 84

Now, I'd like each of you to talk on your own about something. I'm going to give each of you a photograph and I'd like you to talk about it.
Student A, here is your photograph. It shows people buying something.
Student B, you just listen.
Student A, please tell us what you can see in the photograph.
Thank you. Student B, here is your photograph. It shows a family spending time together.
Student A, you just listen.
Student B, please tell us what you can see in the photograph.
Thank you.

Practice test, Speaking, Part 3

▶ 85

Now, in this part of the test you're going to talk about something together for about two minutes. I'm going to describe the situation to you.
A group of university friends want to have a special meal together. Here are some places they could choose.
Talk together about the different places they could have the meal and say which would be the most fun.
All right? Now, talk together.
Thank you.

Practice test, Speaking, Part 4



86

Do you like trying types of food you've never eaten before?

Do you prefer to eat indoors or outdoors?

Where do you eat with your friends and family on special occasions?

Do you think it's important for families to eat together?

Which do you prefer, cooking a meal or going to a restaurant?

Thank you. That's the end of the test.

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